



# Michael Alleruzzo

Educator | Speaker | Coach | Consultant



## SERVICES FOR COLLEGE PROFESSORS

### THE RESILIENT PROFESSOR™ PROGRAM

College professors face unique workplace challenges. These have been exacerbated since 2020. Faculty should feel confident and successful as educators, researchers, advisors, and mentors. They deserve to feel welcomed and included, as members of a thriving academic community. And they want to realize optimistic outcomes that include positive course evaluations, contract renewals, and opportunities for tenure and promotion.

Too often they are met with external obstacles that threaten this success. Common faculty frustrations include student defiance, feelings of injustice due to arbitrary decision-making by administration, unproductive meetings, administrative communication issues, and university systems that hinder rather than support faculty. College professors are frustrated, exhausted, and confused – and they need help to best cope in the face of these challenges.

*Free consultation.*

*Want more information?*

*Visit my website:*

[www.michaelalleruzzo.com](http://www.michaelalleruzzo.com)

The Resilient Professor™ is a strategic system for managing challenges in higher education. My program helps college professors analyze what they can do to navigate through and around these challenges in healthy ways. As an outlet for faculty to engage in a formal model for self-reflection and problem-solving, I believe my program helps lead to healthier college faculty, and as such, healthier college students, and healthier college classrooms.

### COACHING FOR COLLEGE PROFESSORS

I'm a college professor. I'm a coach. And I coach college professors.

In addition to being a college professor for over 25 years, I am a certified leadership coach, and I have helped other college professors with their unique career challenges. Topics that often benefit from coaching include student issues, administrative expectations, work-life balance difficulties, and time management strategies.



#### My Values

- *Integrity* – do the right thing, the right way, the first time, for the right reason
- *Care* – show respect for everyone's feelings, opinions, and individual differences
- *Engagement* – act in ways that are dynamic, charismatic, and inspiring
- *Communication* – provide feedback that is positive, constructive, objective, and practical
- *Excellence* – champion high standards, and challenge others to do the same

### Award-Winning College Professor | Certified Leadership Coach

*"Michael is someone who truly loves helping others grow both professionally and personally."*

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